

## 21 Questions for Self-Discovery: Your Blueprint For Success<sup>©</sup>

### Personal Discovery Questions

Be very specific and thorough with your answers; take whatever time you need to think about each question to answer fully.

1. What more do I want out of life?
2. What do I value?
3. What do I spend most of my time doing these days?
4. What do I most like about myself?
5. How do my values shape what I'm interested in?

6. What do I most love spending time doing? What about it is enjoyable?

7. What do I want to be known for? Why?

8. What am I most proud of? Why?

9. Who really motivates me? What is it about them that motivate me?

10. What work makes me tired, worn out and saps my energy?

11. What do I want to learn more about?

12. What hobbies do I love to do? Why?

13. What one thing do I really want to change?

14. What excites me about the changes I want to make?

15. What scares me about the changes I want to make?

16. To what extent am I really willing and able to change?

17. What do others come to me for?

18. What perceptions do others have about me that I would like to change?

19. If money weren't a factor, what work would I be doing? Why?

20. To what extent do I believe in myself?

21. What are the self-limiting beliefs that hold me back?

**What Does Success FEEL Like to ME? (check all that apply)**

✓	Winning	✓	Accomplishments	✓	Opulence & Luxury
	Higher Level Education		Good Paying Job		Lots of Money
	Simplicity & Ease		Comfortable Lifestyle		No Struggles
	High Quality		Name Brand Stuff		Good Health
	Peace of Mind		Time with Family		Travel Regularly
	Legacy Building		Power & Prestige		Happiness & Laughter
	Relentless Pursuits		Constant Growth		Being Remembered
	Wellbeing		Title and Position		Balanced Life

## Create Your Success Plan

1. What is my greatest learning from this self-discovery?
2. What change is needed to move closer to my desired outcome?
3. Who can I connect with or surround myself with to accelerate my growth/success?
4. What steps do I need to take to move closer to my vision of success?
5. What activities do I need to do more of?

6. What activities do I need to do less of?
7. What attributes do I have that I can leverage to move me forward?
8. How do I need to show up differently to other people to line up with my success ambition?
9. What one thing can I begin with today that will move me toward my future success?
10. What one thing will I commit to doing next week to keep momentum for my goals?

11. What two things will I start to do next month to move me ahead?

12. What change do I want to see over the next year that aligns with my objectives?